NATIONAL YOUTH FESTIVAL CELEBRATION 20TH JANUARY, 2023

Centre For Holistic Development (CHD) in collaboration with **National Service Scheme (NSS)** celebrated National Youth festival on 20th January 2023 to celebrate the birth Anniversary of Swami Vivekananda.

CHD conducted

Essay writing competition

Slogan writing competition

With the theme "THE RELEVANCE OF SWAMI VIVEKANANDA THOUGHTS IN TODAY'S CONTEXT ". We also conducted a **Mystery Poses** game cum quiz in which contestants had to perform different Yoga asanas.

The program started with the enthusiastic and warm welcome words given by our CHD convenor Dr. Seema Dabas with the Phooldarpan (respecting with flowers) on the portrait of Swami Vivekananda.

The first competition which was essay writing , in which a total of 27 students participated and 30 minutes were given to them to write an essay on the given theme in about minimum 200 words either in English or Hindi language. The competition gave everyone the power to express themselves to bring out the writing skills and knowledge.

After that , slogan competition took place in which 10 students participated. A total of 20 minutes were given to them to complete their task. At last , final event which was named Mystery Poses were, Students had to perform different yoga asanas. Participants performed the asanas with great enthusiasm and fun. There were total 15 students participated in the mystery poses.

After all the events, celebration ended by providing refreshments to all the respected teachers presented there along with all the team members, volunteers and participants.

The faculty members Dr. Seema Mam ,Dr. Sunita Mam, Dr. Vivekananda Sir and Mast Ram sir who guided us throughout the event and made it successful.

It was indeed a difficult task to choose the best entry. Each and every participant's hard work was reflected through their writing skills , ideas and knowledge.

The entire team of CHD who worked hard to make this event successful :-

Deepanshu (TL), Rashmi (TL), Manish, Akash, Tanya, Malika, Aditi,

Shubham Verma, Abhinay, Bhanu, Garvit, Kamaldeep, Khushi, Naina, Pooja.



